COLLABORATIVE
HEALTHCARE STRATEGIES

Amy Boutwell, MD, MPP
President, Collaborative Healthcare Strategies
Developer, STAAR, ASPIRE, MVP Methods

Amy Boutwell, MD, MPP, founded Collaborative Healthcare Strategies to pursue work aligned with the healthcare delivery redesign policies of the Affordable Care Act to lower the costs of care through delivering better care. Dr. Boutwell is a nationally recognized thought leader in the field of reducing readmissions and improving care for highest risk and multi-visit patients, advising large-scale initiatives to support delivery system transformation to achieve results at the local, state and national level. Dr. Boutwell's methods are distinctively systems-based, data-informed, root-cause focused, whole-person, interdisciplinary, cross-continuum, and affirmatively pro-equity. Dr. Boutwell is anti-"un-impactable" and leads teams to success because of this.

At the beginning of the present-day efforts to reduce readmissions, Dr. Boutwell co-designed the STAAR (State Action on Avoidable Rehospitalizations) Initiative of the Institute for Healthcare Improvement (IHI). The STAAR initiative was unique in its strategic approach to reduce readmissions by engaging providers and agencies to collaborate "across the continuum" – as opposed to an isolated focus on hospital-based improvements. The STAAR initiative was deployed in MA, MI, WA, OH, MD and VA.

Following the STAAR initiative, Dr. Boutwell co-led the only federally-funded effort to develop strategies to reduce readmissions for the Medicaid population for the Agency for Healthcare Research and Quality. Five years of field work in MA, MD, PA, IL, MD, SC, AL, CA culminated in the 2016 release of *Designing and Delivering Whole-Person Transitional Care: The AHRQ Hospital Guide to Reducing Medicaid Readmissions* (the "ASPIRE" Guide). The ASPIRE Guide has been disseminated nationally, including the CMS Center for Medicaid and CHIP Services, American Hospital Association, Vizient, Premier, and state-wide in MA, NJ, GA, VA, IA, NC, SC, IL, MD, and NY.

The "ASPIRE" methodology formed the basis for the strategic and technical advisement to the Massachusetts Health Policy Commission's $70M CHART Program -a strategic public sector investment program to accelerate the development of community hospitals' ability to transition to value-based payment models. CHART teams entered performance-based contracts to reduce acute care utilization for highest-risk populations. Dr. Boutwell provided strategic and technical advisement to the agency and to each hospital, and facilitated cohort-wide shared learning. Over 80% of the programs achieved measurable reductions in avoidable utilization measures, and 100% met transformation goals.

Dr. Boutwell developed and led the large-scale implementation of a signature delivery system transformation initiative of the New York State Medicaid Delivery System Reform Incentive Payment (DSRIP) MAX Program - to improve care for high utilizers. Over the course of 3 years, the MVP Method was implemented by nearly 90 teams across New York state- engaging interdisciplinary front-line teams to apply the "MVP method" and implement the strategies and concepts in ways that are locally feasible and effective. Dr. Boutwell currently leads the effort to disseminate the MVP Method nationally, including as the topic of Vizient's largest-ever national practice change collaborative and has taught the method to over 200 teams in 32 states to date.

Dr. Boutwell is a graduate of Stanford University, Brown University School of Medicine and the Harvard Kennedy School of Government, where she received a master's degree in public policy and the Robert F. Kennedy Award for Excellence in Public Service. Dr. Boutwell has served as a Schweitzer Fellow, as a humanitarian volunteer at Mother Theresa's Home for the Destitute and Dying in Calcutta, India, as a community health worker in the slums of San Salvador, El Salvador. Dr. Boutwell completed her internship and residency training in Internal Medicine at Massachusetts General Hospital, where she served as a teaching attending for ten years.